

BROCHURE

LEADERSHIP RETREAT

Your Transformational Journey
to Holistic Leadership

ANNE JAAKKE EXCLUSIVE

In collaboration with Marit Meijer

Anne Jaakke

This retreat is a Limited Edition Transformational Journey by Anne Jaakke. On the next page, you will find the annual programme for 2024.

If you want to inquire more information about the programmes or Anne Jaakke Boardroom consultancy, please do not hesitate to contact info@annejaakke.com



"I absolutely love working with Anne! She is one-of-a-kind and has been an absolute game changer for me and my team."

- Esmé Valk, CHRO Schiphol Group

"I truly love working with Anne as my personal CHRO Coach. For the last 2 years she has played a pivotal role in further developing myself and my Leadership Team. She is also a passionate HR Changemaker and a true gift to our CHRO Community. I highly recommend working with her." -

Janine Vos, CHRO Rabobank & Business Woman of the Year 2021



CHRO Mastermind Programme

A renowned individual, 1-year coaching programme to truly take your leadership to the next level

I am deeply committed to create personalised leadership development experiences that will elevate your CHRO leadership journey.

Included in this programme:

- 2-day Mastermind Retreat at an exclusive location
- 3 CHRO Business Reviews
- 1 Organisational Dynamics Constellation Session
- 1 Annual CHRO Mastermind Event - evening with fellow thought leaders
- 1 Annual Strategic Plan session
- Access to Anne Jaakke's Mastermind Inner circle



Leadership Team Development Programme

Feel like your team isn't thriving yet? Do you need the right support to elevate them to a next level?

I've crafted a unique and intimate Leadership Team Development Programme to help you boost the growth and transformation of your team.

- Programme length: 1 year, including:
 - 2x Team Development 2-day offsite
 - 2x Coaching session with each individual participant
 - 2x Peer to peer team coaching online
 - 2x Team review session with CHRO
- Special offer when combined with CHRO Mastermind Programme



REBALANCE YOUR

BODY, MIND,



SOUL & SPIRIT

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“A TRANSFORMATIVE JOURNEY AWAITS..’

Rebalance your body, mind, soul and spirit

At times, a wondrous moment arrives when everything seamlessly aligns and gets into flow.

We have crafted an inspiring and truly amazing programme for women who are on a voyage of self discovery, genuinely committed to their own personal growth and want to learn more about holistic leadership.

This journey of transformation keeps you intimately connected with your core essence. Are you curious to learn more about yourself, relax and reflect and boost your leadership at the same time?

This retreat is high quality YOU time.

Join us in June on a remarkable odyssey with other like-minded women.

WHO ARE WE

I'm Anne Jaakke, innovative HR thought leader with over 25 years of international experience across five industries. The biggest highlight of my career was definitely becoming CHRO of the Year!

In 2020, I embraced a new chapter as an executive coach, aiding in HR innovation and leadership development.

My upbringing, blending spirituality and business, has shaped my holistic approach, combining diverse practices for transformative leadership. I continuously grow my expertise, believing my development enhances my ability to guide others on their unique paths.



Anne Jaakke



Marit Meijer

I'm Marit Meijer, senior leadership trainer and executive coach with over 30 years of international experience. Many different pathways in business and spiritual travels has brought me to who I am today.

Every day of all these endeavors have given me insights in the core of what I think you need to be a Wholistic leader. Working with so many different people and cultures has been a blessing. But never without going through the motions of spiritual development and an honest look at myself too.

I consider it a great honour to contribute to people's life journeys.

WHERE WE WILL HOST



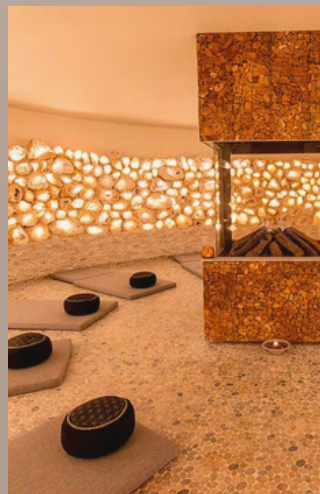
ELAISA ENERGETIC WELLNESS

Elaisa Energetic Wellness is unique in its kind. Surrounded by the beautiful nature of Hoge Kempen National Park, the wellness connects you with different traditions and symbols from ancient world cultures.

Every person is unique and has an individual way of relaxing, therefore Elaisa's range goes much further and deeper than traditional European wellness.

Generic info about Elaisa

- The retreat's sessions take place in privately rented spaces of Elaisa
- During your spare time, you can explore the wellness
- While we are there (Wednesday and Thursday), swimwear is required
- All baths are chlorine free and are filtered through crystals
- There are 3 indoor baths and 2 outdoor baths
- There are 9 types of saunas
- Massages can be booked individually



WHERE YOU WILL BE STAYING



LAKESIDE COTTAGE AT TERHILLS RESORT BY CENTER PARCS

Nothing says 'retreat' more than a beautiful cottage surrounded by nature. Terhills at Maasmechelen (Belgium) is the perfect setting to recharge.

You will share the cottage with 3 other attendees, but will have the privacy of your own bedroom and en-suite bathroom.

The cottage is just a few minutes walking away from Spa Elaisa, where most of the programme will take place.

Lakeside cottage

- 4 bedrooms (large boxsprings)
- 4 bathrooms
- 2 floors
- Living room overlooking the lake
- Electrical fireplace
- Terrace overlooking the lake, including a sauna, shower, heating and lounge set
- Airconditioning in every room





PROGRAMME

We will take you on a journey that will bring your leadership to levels you'd never thought possible.

Over the next two pages, you will get an idea of what we have in store for you. Please note that some elements of the programme have a more elaborate description than others - this is because we would like to keep an element of surprise. If you have any questions, please do not hesitate to contact us.

DAY 1 *June 19th*



- | | |
|---------------|--|
| 13.30 - 14.00 | Arrival at the lodges |
| 14.00 - 15.00 | Warm welcome, meet & greet |
| 15.00 - 17.00 | Slow down to Reconnect with your Essence |
| 17.00 - 17.30 | Start of your new Leadership Journey |
| 17.30 - 18.30 | Opening Ceremony - Embrace new Energy Skills |
| 18.45 - 20.00 | Private Group Diner |
| 20.30 - 21.15 | Hathor Ritual* |
| 21.15 - 22.00 | Relaxation & return to lodges |
| 22.00 - 22.15 | Good Night Sleep Meditation |



DAY 2 *June 20th*

- 8.00 - 8.45 Intuitive Meditation - Finding your Leadership Purpose
- 9.00 - 10.00 Breakfast
- 10.00 - 12.30 Systemic Leadership Work
- 12.30 - 14.00 Group Lunch & Break
- 14.00 - 16.00 **Temazcal Ritual - Transformational Leadership Reset***
- 16.30 - 17.30 Sharing reflections Tea Ceremony
- 18.00 - 19.30 Private Group Diner
- 19.30 - 21.00 Align with your Higher Purpose
- 21.00 - > Relax & Reflect - Personal Time

DAY 3 *June 21st*

- 8.00 - 8.45 Morning Walk - Inner Strength & Purpose
- 8.45 - 9.30 Breakfast
- 10.00 - 11.30 Facilitated Session Leadership Manifestation
- 12.00 - 13.00 Group Lunch or Takeaway Lunch (up to you)

***Find out more about the rituals on the next page**

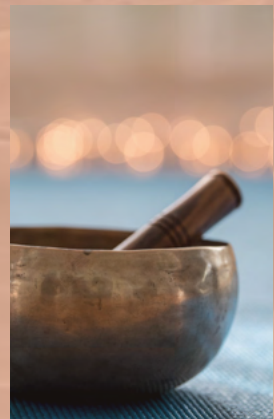
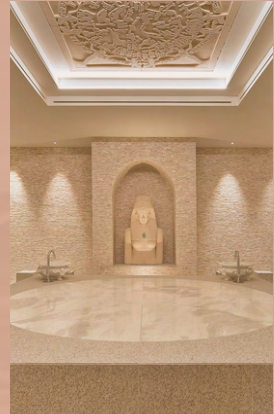
HATHOR RITUAL

You're probably familiar with singing bowls, but when do you get the chance to stand in a vibrating singing bowl? And that in a space that, with its fantastic acoustics, is made to intensely experience sound: the Laconium.

This is how the Hathor ritual begins: with the unique sensation of sound pulsating literally through your body. That experience alone is worth it, but there is more. During the session, we will use singing and one of the oldest instruments from Ancient Egypt: Sistrums.

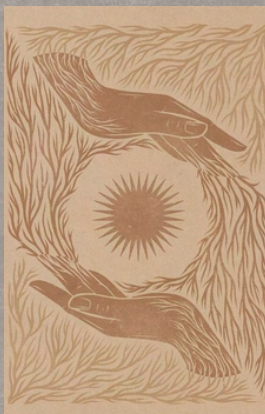
These ancient vibrations bring you back to your essence and help you let go of what you no longer need. Finally, we go to the steam bath where you receive a delightful Aloe Vera wrap that intensely nourishes your skin.

The Hathor ritual balances your mind and body and takes you back to Ancient Egypt.



TEMAZCAL RITUAL

The Temazcal is unique in the Benelux and is led in a traditional way. It connects you with the earth and your true self. An unforgettable and very profound experience. For this Mexican heat lodge, you are ceremonially prepared around the fire.



You receive a physical cleansing, we perform an opening ritual together, and you connect with your intention. The lava stones are heated via the fire and then brought red-hot to the Temazcal. We enter the Temazcal, which symbolically represents the womb according to Maya culture.

In the heat lodge, you dwell in complete darkness to turn completely inward. After you come out of the Temazcal, you can cool off in our natural lake.

This Mexican ceremony is instrumentally accompanied by various primitive instruments. These enhance your inner experience and take you on a unique, heartwarming journey.



“THE BEST PROJECT A
LEADER CAN WORK ON,
IS HERSELF/HIMSELF”

Price of retreat: €3.750

Included in the price is:

- 3-day facilitated leadership programme by Anne Jaakke & Marit Meijer
- Accommodation for 2 nights (private bedroom & private bathroom)
- 2-day access to 5-star wellness facilities
- Tranquil and relaxing surroundings in National Park
- Healthy (organic) food & beverage package included
- Multiple rituals hosted by external experts
- One-off administration cost for new Anne Jaakke clients

FAQ & CONTACT

I want to make a reservation

Amazing! We cannot wait to welcome you.

Attached to the same e-mail as this programme, you will find a booking confirmation. Please read it carefully and return with your signature. We will send you an invoice for the downpayment. As soon as we received the downpayment, your booking is confirmed.

How many spots are available?

For this exclusive retreat, there are only 16 spots available. We handle a 'first come, first serve' policy.

How do you take care of confidential information?

During this retreat, we will do everything in our power to create a safe environment. It is of utmost importance that every attendee feels comfortable to share and be open. To ensure this, we have disclosed a confidentiality agreement to the booking confirmation.

I have another question

Please e-mail your question to events@annejaakke.com. We strive to respond within 2 working days.

Contact

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“True transformation begins with the
courageous journey inwards”

Marit Meijer

“Being able to higher your
vibration is one of the keys to
true leadership and a gift to the
world”